

PST/INTERVIEWS FOR NAB CORONADO, CA

Dates for 2004

JAN 6 TH / 15 TH / 27 TH	FEB 5 th / 19 TH	MAR 2 ND / 18 th	APR 6 th / 22 ND
MAY 4 TH / 20 th	JUN 1 ST / 17 TH	JUL 1 ST / 13 TH / 29 TH	AUG 10 TH / 26 TH
SEP 9 TH / 21 ST	OCT 5 TH / 21 ST	NOV 3 rd / 18 TH	DEC 2 nd / 14 TH

Time 0615

Arrive min 15 early to ensure you have time to warm-up. BE READY TO START THE PST @0615

LOCATION

Building 164, Combat Training Tank, Naval Amphibious Base, Coronado, California

DIRECTIONS FROM CORONADO BRIDGE:

Go to Orange Ave(75 South). Take a left, go through Coronado. It's approx. 2.7 miles from bridge to base. NAB Coronado will be on the left. Enter main gate, continue straight approx. ½ mile, pool will be on the left. **Bldg.164** (Blue sign "**COMBAT TRAINING TANK**").

DIRECTIONS FROM 5 SOUTH, IMPERIAL BEACH/PALM AVE. EXIT:

Follow Palm Ave., will turn into 75 North(Silver Strand Blvd.) Follow 75 until you reach NAB Coronado on the right. It's approx. 8.3 miles from Imperial Beach/Palm Ave. exit to base. Enter main gate, continue straight approx. ½ mile, pool will be on the left. **Bldg.164**(Blue sign "**COMBAT TRAINING TANK**").

Gear List

Candidates are required to arrive 15 minutes early with the items listed below:

The original approved special request chit
Service and Medical Record

Military identification card

T-shirt, dungarees or cammies, and boots for **SEAL candidates**

T-shirt, shorts, and running shoes for **SWCC candidates**

Swimsuit and towel

Drinking water

NOTE: YOU WILL NOT BE SCHEDULE FOR THE PST UNTIL YOU HAVE BEEN CLEARED BY BUD/S MEDICAL. PLEASE READ AND FOLLOW THE STEP-BY-STEP GUIDELINES:

<https://www.seal.navy.mil/seal/pdf/pstrequest.pdf>

Upon Successful completion of the PST

Candidate will be interviewed, IAW MILPERSMAN 1220-150.

Interview requirement items:

- (1) Uniform of the day
- (2) The original approved special request chit
- (3) Military ID
- (4) Service record
- (5) Medical record
- (6) Wavier(s) (See Waivers)

NOTE:

Cancellations or rescheduling of a scheduled PST can be Requested via

Email: <mailto:pstcoordinator@navsoc.navy.mil>